



# Open House

for state employees

## March 5th

Jazzercise combines elements of jazz dance, resistance training, Pilates, yoga, kickboxing, and more to create truly effective programs for people of every age and fitness level.

**JAZZERCISE** in Downtown Lansing will host an Open House for state employees on March 5th.

**New Customer Offer -**  
**\$25 Gift to YOU!**  
**Begins 3/1/07. Expires 3/31/07**

Classes are held at 12:05 (noon) MWF at the Central United Methodist Church, located right across from the Capitol Building, on the corner of Ottawa and Capitol.

Showers, lockers and equipment storage available at no extra charge! Bring your water bottle, towel, mat!

You may access the Jazzercise website on [www.jazzercise.com](http://www.jazzercise.com) for more class information!

Instructor: Jean Ramsey  
telephone1: (517)339-4052  
telephone2: (517)335-6008